



Health and Wellness Resource Center Electronic Resource

1. What three things can be done to prevent parrot fever?
Birds that are imported into the country as pets should be quarantined to ensure that they are not infected before they can be sold. Health authorities recommend that breeders and importers feed imported birds a special blend of feed mixed with antibiotics for 45 days to ensure that any *C. psittaci* organisms are destroyed. In addition, bird cages and food and water bowls should be cleaned.
2. What's the headline from a health-related news article of interest that was published within the past month?
Anything from the Topics in the News section of the homepage. This is updated frequently so I can't include the titles here.
3. What are three possible side effects of the injectable drug Filgrastim?
Abdominal or stomach pain, bleeding gums, bleeding, blistering, burning, coldness, discoloration of the skin, feeling of pressure, hives, infection, inflammation, itching, lumps, numbness, pain, rash, redness, scarring, soreness, stinging, swelling, tenderness, tingling, ulceration, or warmth at the injection site, blood in the urine or stools, bloody nose, cough, coughing up blood, decrease in height, diarrhea, difficult or labored breathing, difficulty swallowing, dizziness, facial swelling, feeling of fullness, fever or chills, headache, increased menstrual flow or vaginal bleeding, lower back or side pain, nausea or vomiting, nosebleeds, pain in the back, ribs, arms, or legs, pain spreading to the left shoulder, painful or difficult urination, pale skin, paralysis, pinpoint red or purple spots on the skin, prolonged bleeding from cuts, red or black, tarry stools, red or dark brown urine, shortness of breath, skin rash, sore throat, sores, ulcers, or white spots on the lips, tongue, or inside the mouth, tightness in the chest, troubled breathing with exertion, unusual bleeding or bruising, unusual tiredness or weakness, wheezing.
4. In which magazine does the following full-text article appear: "Ringworm: a hungry fungus"?
Cat Watch.
5. (a) When (month and year) did the article on the use of St. John's Wort to treat depression appear in PDR for Herbal Medicines? (b) Email that article to yourself.
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